



★ SUMMER ★ TWILIGHT MILES

★ at the CBA Track ★

★ July 2nd and July 10th ★

Registration opens at 5:30 PM and closes at 6:15 PM.

Races Begin at 6:30 PM. Entry fee is \$3 per person.

T-Shirts available (while they last!) for \$5 with either Sub 10,
Sub 8, Sub 7, Sub 6, Sub 5, or blank on back.

All ages welcome!

★ Come with family and friends and run your best mile! ★

We will also have a Kiddie Quarter (400m)

Spend a healthy hour with us!

Check out www.bennettrunning.com for more info.